# Disinfection Log for [Clinic Name]

Clinic Address: [Address], [City], [Province], [Postal Code]

Phone: [Phone Number] Email: [Email Address]

**Disinfection Levels and Their Targets:**

| Disinfection Level | Main Target | Frequency | Examples of Items |
| --- | --- | --- | --- |
| Level 1: Low Risk | Inanimate objects with minimal contact | After each use | Door knobs, light switches, furniture |
| Level 2: Moderate Risk | Semi-critical surfaces with frequent contact | After each use | Massage table, chair arms |
| Level 3: High Risk | Items that may come into contact with mucous membranes or non-intact skin | After each use | Reflex hammer, cupping sets |
| Level 4: Very High Risk | Critical items that enter the body or come into contact with sterile tissues | After each use | Needles, surgical instruments |

**Disinfection Procedures:**

| Item Type | Level 1 | Level 2 | Level 3 | Level 4 |
| --- | --- | --- | --- | --- |
| Floor | Vacuumed, then mopped with diluted bleach solution | - | - | - |
| Furniture | Wiped with a disinfectant wipe containing at least 70% alcohol | - | - | - |
| Door Knob | Wiped with a disinfectant wipe containing at least 70% alcohol | - | - | - |
| Massage Table | Cleaned with soap and water, then disinfected with a hospital-grade disinfectant | - | - | - |
| Normal Used Linen | Laundered with detergent and hot water (at least 60°C) | - | - | - |
| Body-fluid Stained Linen | Soaked in disinfectant solution, then laundered | - | - | - |
| Towel Oven | Cleaned with soap and water, then sanitized in a towel oven at 85°C for at least 5 minutes | - | - | - |
| Reflex Hammer | Wiped with a disinfectant containing at least 70% alcohol | - | - | - |
| Cupping Set | Soaked in a high-level disinfectant, then air-dried | - | - | - |
| Massage Tool | Wiped with a disinfectant containing at least 70% alcohol | - | - | - |

**Additional Disinfection Methods:**

Alcohol: Use for disinfecting hard, non-porous surfaces.

Hydrogen Peroxide: Use for disinfecting certain surfaces and items, follow manufacturer's instructions.

Bleach: Use diluted bleach for mopping floors and general disinfection of surfaces.

Dry Heat: Use for disinfecting items that can withstand high temperatures, such as glass thermometers.

Boiling: Use for disinfecting items that can be submerged in water, such as metal instruments.

Notes:

Ensure that all disinfectants are approved for use in healthcare settings and follow the manufacturer's instructions for use.

Personal protective equipment (PPE) must be worn during disinfection procedures.

Record the date, time, and name of the staff member performing the disinfection in the log below.