**Treatment Plan** **for**: Tina **Therapist:** Jacky  **Duration:** 60 mins **Fee:** $120

**Date**: Jan. 24, 2024 **Appointment Time:** 8:30 am

**Initial Assessment and Treatment Plan  
   
 Consent:** Received informed consent for the Assessment and Acupuncture Treatment?  YES  
 Received informed consent for Sensitive Area Assessment and Treatment ? N/A  
 Treatment plan discussed with the client？YES

**Chief Complaint:**

**Symptoms:**

**General Observations:**

**Examination:**

* **Tongue:**
* **Pulse:**

General:

Right:   
Left:

* **Palpation:**

**Medical History:**

**Diagnoses and Treatment:**

* **ACU diagnosis / differentiations:**
* **ACU Treatment Principle:**
* **ACU Treatment Plan:**
* **Acupuncture Points Prescribed:**

**Informed Side Effect of Acupuncture:** The patient has been informed of the relevant side effects.Soreness or Bruising; Dizziness or Light headedness; Fatigue; Minor Bleeding or Needle Marks; Nausea; Infection (Very Rare).

**Advice:** The patient has been informed of advice. The patient has been informed of advice. Adequate sleep and relaxation; Warm, easily digestible foods; Gentle activities; Keep a comfortable and supportive environment.

**Adjunct Modalities:**

**Treatment Plan** **for**: Tina **Therapist:** Jacky  **Duration:** 60 mins **Fee:** $120

**Date**: Jan. 26, 2024 **Appointment Time:** 8:30 am

**Follow Up Assessment and Treatment Plan**

**Consent:**  
 Received informed consent for Sensitive Area Assessment and Treatment? N/A

**Patient Progress Inquiry:**

**Symptoms Update:**

**Examination:**

* **Tongue:**
* **Pulse:**

General:

Right:   
Left:

* **Palpation:** N/A
* **General:**

**Follow Previous Treatment Plan: No/Yes**

* **ACU diagnosis / differentiations:**
* **ACU Treatment Principle:** .
* **ACU Treatment Plan:**
* **Acupuncture Points Prescribed:**

**Informed Side Effect of Acupuncture:** The patient has been informed of the relevant side effects.Soreness or Bruising; Dizziness or Light headedness; Fatigue; Minor Bleeding or Needle Marks; Nausea; Infection (Very Rare).

**Advice:** The patient has been informed of advice. Adequate sleep and relaxation; Warm, easily digestible foods; Gentle activities; Keep a comfortable and supportive environment.

**Adjunct Modalities:** TuiNa 5 minutes after remove the needles